

# The Redwoods Institute

# Complete Course List

## Courses available to all Redwoods customers

### Aquatic Safety Trainings

- Behavior Management 101 (35 min)
- Risk Management 101 (20 min)
- Shallow Water Blackout (12 min)
- The Professional Lifeguard (30 min)

### Camp Safety Trainings

- Aquatic Safety at the Pool (10 min)
- Aquatic Safety in Natural Bodies of Water (10 min)
- Behavior Management 101 (35 min)
- Behavior Management at Camp (12 min)
- Bullying Prevention at Camp (10 min)
- Child Sexual Abuse Prevention at Camp (14 min)
- Day Camp Supervision (12 min)
- Field Trips & Off-Site Travel Safety (10 min)
- Peer-to-Peer Sexual Abuse Prevention at Camp (12 min)
- Playground Safety & Programming at Camp (9 min)
- Resident Camp Supervision (14 min)
- Transportation Safety at Camp (9 min)

### Employment Practices Trainings

- Anti-Harassment for Everyone (10 min)
- Anti-Harassment for Managers (13 min)
- Anti-Harassment in Court (9 min)
- Anti-Harassment: Investigating Complaints (10 min)
- Anti-Harassment: Writing and Communicating Effective Policy (11 min)
- Anti-Harassment Review (13 min)
- Harassment Prevention for Employees (55 min)
- Harassment Prevention for California (120 min)
- Harassment Prevention for Connecticut (120 min)
- Harassment Prevention for Maine (120 min)
- New York Anti-Harassment (130 min)

### Employee Safety Trainings

- Hazard Communication & GHS Standards for Employees (25 min)
- Managing Your Risk of Exposure to Bloodborne Pathogens (45 min)
- Preventing Member and Guest Slips, Trips and Falls (20 min)
- Safe Lifting (20 min)

### Sexual Abuse Prevention Trainings

- Appropriate Touch (15 min)
- Behavior Management 101 (35 min)
- Child Sexual Abuse Prevention (60 min)
- Child Sexual Abuse Prevention for Volunteers (18 min)
- Risk Management 101 (20 min)
- School-Aged Childcare Safety (15 min)
- Social Media & Digital Communications (20 min)
- YMCA Before & After School Program Safety (45 min)

### Spanish-Language Trainings

- Levantamiento Seguro – Safe Lifting (30 min)
- Patógenos Transmitidos por la Sangre – Bloodborne Pathogens (45 min)
- Prevención de Abuso Sexual de Menores – Child Sexual Abuse Prevention (60 min)

### Transportation Safety Trainings

- Defensive Driving (30 min)
- Risk Management 101 (20 min)