

### Observing Aquatics Programs

*As you observe aquatics programs, use the questions below to reaffirm your culture of safety and/or identify potential gaps and areas needing attention.*

- Ask lifeguards: How are you doing... today? This will help you gather their emotional, mental and physical ability to focus for their shift.
- Ask lifeguards on scanning duty: Is there any area of your zone of responsibility that you are having difficulty seeing the bottom?
- Ask lifeguards: When is the last time you got wet performing a drill/skill during your shift?
- While observing a guard scan, pick a swimmer and see how long it takes for the guard to comprehend the behavior of that individual.
- Remind and thank guards for being the one thing that stands between every swimmer entering the water and going home safely.

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