

The Redwoods Institute Course List

Because we believe in safe communities for all, Redwoods online courses are available at no cost, to any organization, regardless of who they insure with.

All of our trainings are produced by Redwoods, and made specifically for the programming and operations at a youth-serving organization.

Aquatic Safety Trainings

- Risk Management 101 (20 min)
- The Professional Lifeguard (30 min)

Camp Safety Trainings

- Camp Safety Series: Aquatic Safety at the Pool (10 min)
- Camp Safety Series: Aquatic Safety in Natural Bodies of Water (10 min)
- Camp Safety Series: Behavior Management at Camp (12 min)
- Camp Safety Series: Bullying Prevention at Camp (10 min)
- Camp Safety Series: Child Sexual Abuse Prevention at Camp (14 min)
- Camp Safety Series: Day Camp Supervision (12 min)
- Camp Safety Series: Field Trips & Off-Site Travel Safety (10 min)
- Camp Safety Series: Peer-to-Peer Sexual Abuse Prevention at Camp (12 min)
- Camp Safety Series: Playground Safety & Programming at Camp (9 min)
- Camp Safety Series: Resident Camp Supervision (14 min)
- Camp Safety Series: Transportation Safety at Camp (9 min)

Employment Practices Training

- Sexual Harassment Prevention (45 min)

Employee Safety Trainings

- Hazard Communications (25 min)
- Managing Your Risk of Exposure to Bloodborne Pathogens (45 min)
- Preventing Member and Guest Slips, Trips, and Falls (20 min)
- Safe Lifting (20 min)

Transportation Safety Trainings

- Defensive Driving (30 min)
- Risk Management 101 (20 min)

Youth Safety Trainings

- Appropriate Touch (15 min)
- Behavior Management 101 (35 min)
- Child Sexual Abuse Prevention (60 min)
- Child Sexual Abuse Prevention for Volunteers (15 min)
- Defensive Driving (30 min)
- Risk Management 101 (20 min)
- School-Aged Childcare Safety (15 min)
- Social Media & Digital Communications (20 min)
- The Professional Lifeguard (30 min)